

**JANUARY 15, 2016 — DAY 5: PRONOUNCE IT!**

***Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. Philippians 4:6 (NIV)***

Read the entire verse several times, stopping after each word or phrase to write down your thoughts.

How does this verse apply to your life? What will you do about it?

Spend some time in prayer.